

FINDING YOUR WHY

WHAT IS YOUR INITIAL GOAL? _____

WHY IS THIS YOUR GOAL? _____

WHAT EMOTIONS DO YOU FEEL AROUND THIS GOAL NOW? _____

WHAT EMOTIONS DO YOU THINK YOU WILL FEEL WHEN YOU ACCOMPLISH THIS GOAL?

FINDING YOUR WHY

WHAT IS THE REASON BEHIND THE REASON? _____

WHO OR WHAT ELSE IN YOUR LIFE DOES YOUR FINANCES AND YOUR GOAL AFFECT?

3 CRITERIA FOR A LASTING WHY

CONTINUE TO ASK YOURSELF THESE QUESTIONS THROUGHOUT YOUR JOURNEY:

1. DOES IT EVOKE EMOTION?

2. IS IT SPECIFIC?

3. IS IT SO IMPORTANT THAT YOU CANT GO WITHOUT IT?